

# GET READY<sup>®</sup> OUR PATIENT ENGAGEMENT AND REMOTE MONITORING SOLUTION

Keeping patients at home while engaged in their care pathway



## WHY IS GET READY<sup>®</sup> NEEDED?



COVID-19 has heightened the need to avoid unnecessary hospital visits to reduce infection risk, **improve efficiency** and **ensure adequate capacity** for patients who need care most



There is a pressing need to ensure **continuity of care** outside the hospital – from patients' preparation to post-procedural follow-ups



Hospitals are hard pressed to continue to improve **healthcare outcomes** and **empower patients** to better manage their own care

## TRIED AND TESTED

Maela is a digital platform created in 2017 by French physicians, healthcare facility directors, and qualified engineers specialized in optimising care pathways through digitalisation.

Through partnership with Medtronic IHS, the solution is available to support healthcare providers across EMEA, and has already been implemented in hospitals in Germany and France.

## WHAT IS GET READY<sup>®</sup>?

Get Ready<sup>®</sup> is a digital solution for patient engagement and remote monitoring. It combines three complementary elements that maximize the value for patients, healthcare professionals and hospitals:

- 1 A digital patient engagement platform – Maela
- 2 Extensive knowledge base and clinical protocols across many therapies
- 3 Pathway digitalisation and optimisation support services

### Our Get Ready<sup>®</sup> solution enables:

**For patients:** Engagement through a multi-channel platform (web, mobile, SMS) that allows them to register symptoms, enter vital-sign measurements, and receive relevant educational content and guidance at different stages of their treatment. In addition, patients can communicate with their care team via secure in-app messaging, share letters and lab results, and report on completed activities and tasks.

**For care teams:** Management through a web application that allows them to monitor patients and identify, as early as possible, any deterioration in the patient's health status.

## GET READY<sup>®</sup> IS A MULTIPLE-THERAPY SOLUTION THAT ENSURES ACCESS TO A CONSTANTLY GROWING KNOWLEDGE BASE

Get Ready<sup>®</sup> is a flexible, multiple-therapy solution that can be applied across different treatment phases (e.g. same-day interventions, fast track programs, procedural preparation and follow-up) for a variety of therapies (e.g. colorectal, bariatric, spine, AFS, thoracic surgery), creating a comprehensive solution that can be tailored to the specific needs of any hospital. We constantly develop new therapy-specific pathways.

## WHAT ARE THE BENEFITS OF USING GET READY<sup>®</sup>?

### Get Ready<sup>®</sup> is an innovative solution for healthcare providers:

Highly flexible and configurable, covering multiple therapies and pathway phases across the hospital

Existing knowledge base, with access to therapy expertise

Fully GDPR compliant

Not just another app: it is fully integrated, with expert deployment and support

Simple to deploy, does not require peripherals, with the possibility to connect to hospital's system

## Get Ready® is designed to help hospitals and medical teams:



### IMPROVE EFFICIENCY:

- Reducing length of stay, in-person consultations, and last-minute cancellations



### OPTIMISE CAPACITY:

- Freeing up resources
- Improving utilization of critical resources



### IMPROVE RECRUITMENT & RETENTION:

- Restoring or increasing procedure volume through remote patient preparation
- Reducing drop rates



### IMPROVE OUTCOMES:

- Enabling detection of patient deterioration
- Reducing complications
- Reducing hospital readmission rates
- Lowering infection risk
- Improving patient experience

## Get Ready® is designed to support patients in:



### IMPROVING ENGAGEMENT:

- By providing 24/7 access to contextual information and ways to engage
- Helping them take a more active role in managing own health



### IMPROVING EXPERIENCE AND OUTCOMES:

- Improving patient information and education
- Improving therapy adherence
- Reducing risk of contamination
- Reducing stress and anxiety

## PROVEN RESULTS – BEST PRACTICES

Get Ready® has already been implemented in the neurosurgery department of the Amiens University Hospital in France to accelerate the move to Enhanced Recovery After Surgery (ERAS) pathway for spine patients. Our solution truly optimised spine care by:



## +33%

Increasing the number of patients' same-day admissions by 33%



## -1.3 days

Shortening patient hospital length of stay from 5.6 days (Q1 2017) to 4.3 days (Q2 2019)<sup>1</sup>



## Improved patient satisfaction

Supporting patients at every stage of their treatment process

## ARE YOU INTERESTED IN BRINGING GET READY® TO YOUR HOSPITAL?

If you are looking for a comprehensive solution to engage patients and monitor their health status remotely, please contact your Medtronic IHS account manager to learn more.

### REFERENCES:

1. CHU Amiens Get Ready analysis - July 2020 - v1.0